

## WHAT IS CHILD SEXUAL ABUSE?

Child sexual abuse is any sexual act between an adult and a minor or between two minors when one exerts power over the other, forcing, coercing or persuading a child to engage in any type of sexual act. This includes sexual contact, and non-contact acts including exhibitionism, exposure, pornography and communicating in a sexual way over the phone or internet.

It is a crime punishable by law and an agonizing experience for its victims.

---

## REPORTING CHILD SEXUAL ABUSE

**Call 9-1-1 in an emergency.**

**If it is not an emergency** (active or very recent abuse), you may call your local non-emergency law enforcement number rather than 911. This is true for abuse that is being reported many years after it has occurred. Be aware of the statute of limitations in your state.

**Law enforcement #** \_\_\_\_\_

**Call Child Protective Services (CPS).** Have the number of your local agency on hand, in your office or on your phone.

**CPS #** \_\_\_\_\_

**Call ALC Balm of Gilead** at (360) 610-7250

Hours of Service are Monday-Friday, 9 am to 5 pm EST

## WHERE TO FIND HELP IF NOT SURE OF ABUSE

**Child Advocacy Centers.** If you are unsure about whether to make an official report, or if you just need support, contact a child advocacy center and they will help you to evaluate suspicions or answer questions. To find a center near you, contact the National Children's Alliance at [www.nca-online.org](http://www.nca-online.org) or call 1-800-239-9950.

If you have questions about suspected child abuse, call the ChildHelp USA National Child Abuse Hotline at 1-800-4-A-CHILD.

Remember that you may be a mandated reporter in your state and may be the only one who is protecting the child. *Make sure you know the laws of the state you live in to determine whether you are mandated to report. Contact Child Protective Services (CPS) for specific information.*

---

## HELPING AN ABUSED CHILD

When a child discloses, remain CALM. Do not overreact. Believe the child. Do not minimize. Listen and do not fill in words.

Allow the child to describe what happened. Ask direct, not leading or probing questions. Don't ask, "Did Daddy touch you?" as this is leading, can be answered "yes" or "no", and can quickly halt the conversation. Instead, ask "What happened to your private parts?" which requires a full answer. Limit the number of people who talk to the child about the incident, to maintain clarity of events, should it go to court.

From an investigative standpoint, it is VERY important that any adult who talks to children about abuse not give them any "adult" words for genitalia or what has happened to them (rape, sexual assault, penetration, etc.), or ask them leading questions. It is recommended that parents not ask any questions, but only listen if the child volunteers information.

If there is going to be a criminal investigation, the perpetrator should not be confronted until law enforcement has been made aware. If the perpetrator is confronted, he/she may pose a danger to the victim, hire an attorney, work to create an alibi, or harm themselves prior to law enforcement having an opportunity to investigate.

It is important the investigative process go as smoothly as possible. Assure the child that it is right for them to tell and he/she will be protected from the offender.

Reassure the child that it IS NOT their fault and they are not bad. Reinforce that the offender is responsible. Do not burden the child with your anger or any negative feelings you may have. At the same time, it's important at this point to not be overly critical of the offender. Children are very protective of people they care about, and they may care about the offender.

If the child asks you not to tell anyone, remind them that it is your job to help to keep them safe and you will do whatever you need to do for their safety. Sometimes a child may recant the disclosure. They may try to "take it back" out of stress or fear, or pressure by someone. It's important to know that less than 1% of sexual abuse cases reported by a child prove to be false.

## CHURCH POLICY and DEALING WITH A PERPETRATOR

Understand your church policy about child sexual abuse. Maintain criminal background checks for Sunday School teachers, youth group leaders, or anyone working with minors in the church. It is recommended that you have a training session with staff and volunteers regarding child sexual abuse signs and prevention.

The church MUST adopt a ZERO TOLERANCE reporting policy for sexual abuse. Every church should have an attorney who can advise on reporting for known or suspected child abuse. If you do not have an attorney, call CPS for guidance. Zero tolerance simply means that *any information* about child abuse will be reported to the proper authorities. Make this your church policy, basing it on Scripture (Matthew 18:6, Luke 17:2 and Titus 3:1) and your church's policy regarding secular authority. Remember that sexual abuse is a crime in all 50 states.

Publish your sexual abuse policy, making congregation members aware of the leadership's position. Give each member of the congregation a copy of the policy. This makes it public and people are aware that you will report known or suspected child abuse.

If there are any suspicions of sexual misconduct by a pastor or member, it is important for the Board to take responsibility, meet and discuss this matter and take proper action. Contacting an attorney is highly recommended to determine legal responsibilities and for counsel regarding issues that may arise if abuse has taken place. Your highest priority must be the victim.

Your policy must address how to deal with a perpetrator who is repentant, has paid his/her debt to society, sought forgiveness, received therapy/counseling, and wishes to rejoin the congregation. Will your leadership assist in recovery? Do you have a chaperone system in place? Is your church building safe? There are churches with sexual abuse policies in place currently. Contact the Balm of Gilead to obtain copies of these if your church is creating or updating its sexual abuse policy.



A ministry dedicated to sexual abuse recovery.

Apostolic Lutheran Church of America  
**Balm of Gilead**

(360) 610-7250  
Monday – Friday 9 am to 5 pm EST

Email: [info@alcbalmofgilead.com](mailto:info@alcbalmofgilead.com)  
[www.alcbalmofgilead.com](http://www.alcbalmofgilead.com)

## A Resource for Church Leadership

Guidelines for:  
Reporting Child Sexual Abuse  
Helping an Abused Child  
Dealing with a Perpetrator

*And he took a child, and set him in the midst of them: and when he had taken him in his arms, he said unto them,*

*Whosoever shall receive one of such children in my name, receiveth me: and whosoever shall receive me, receiveth not me, but him that sent me.*

-Mark 9:36,37

---

### Sources:

Glover, Voyle A. *Protecting Your Church against Sexual Predators: Legal FAQs for Church Leaders*. Grand Rapids, MI: Kregel Publications, 2005.

Kinnunen, Reuben, Detective, Watertown, SD Police Department. (2016, July) Email interview.

The Mama Bear Effect website (<http://www.themamabeareffect.org/>)

This Resource for Pastors Pamphlet was created by the ALC Balm of Gilead to assist pastors and church leadership. We are not professionals. This pamphlet contains general information about sexual abuse reporting. The information is not instruction and should not be treated as such.

You must not rely on the information in this pamphlet as an alternative to legal advice from your attorney or other professional legal services provider. If you have any specific questions about any legal matter you should consult your attorney or other professional legal services provider. The provision of this pamphlet (and the pamphlet itself) does not constitute legal advice or opinions of any kind, or any advertising or solicitation. You should never delay seeking legal advice, disregard legal advice, or commence or discontinue any legal action because of information in this pamphlet. The ALC Balm of Gilead will not be liable for any damages, losses or causes of action of any nature arising from any use of this pamphlet.